

SUICIDE PREVENTION TRAINING FREE AND OPEN TO THE PUBLIC

Sponsored by The Eliot Center, with a Healthy Teen Initiative Grant from the Acton-Boxborough United Way.

Question, Persuade, Refer teaches 3 simple steps anyone can learn to help save a life. Just as people trained in CPR and the Heimlich maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade and refer someone for help.

**TUESDAY, DECEMBER 5
7:00 – 9:00 PM**

**THE GALLERY AT VILLAGE WORKS
2ND FLOOR
525 MASS AVE, WEST ACTON**

- By taking QPR training you will learn to:
- Recognize the warning signs of suicide
- Know how to offer hope
- Know how to get help and save a life

**Join us in saying YES to saving
the life of a friend, colleague,
child, sibling, or neighbor.**

**For information and to sign up
Email Deborah Garfield
dgarfield@eliotchs.org**

